

Secretary of Stewards

Date: 16/09/2025

IMPORTANT RULES FOR FOREIGN JOCKEYS RIDING IN FRANCE

This note aims to remind foreign jockeys riding in France of the basic Rules of Races

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ARTICLE	DESCRIPTION	WHAT TO DO
143	BIOLOGICAL SAMPLES AND BREATHALYZER / MEDICAL PROTECTION OF PERSONS AUTHORIZED TO RIDE IN RACES	 As soon as the jockey arrives at the racecourse, he must report to the Stewards of Races to find out if he has been designated for a biological sample and/or a breathalyzer Jockey must report immediately to the doctor with his identity prove soon after being notified If a jockey fall before, during or after the race, he must be checked by the doctor before getting authorization to ride by the Stewards of Races
150 & Appendix 14	ITEMS TO BE WEIGHED / AUTHORIZATION TO WEAR AN ADVERTIGING LOGO - PUBLICITY	 For the weigh-in before and after the race, each jockey must be wearing his boots, riding breeches (must be white), his body protector, and the racing color he must wear during the race Apart from the clothes number, all items placed on the horse's back during the race must be weighed. Anything worn by the jockey must be weighed, except for his helmet and his whip Authorization to wear an advertising logo/publicity on his breeches, issued by a foreign horse racing authority, is not valid in races in France, unless jockey has a written authorization issued by the Stewards of France Galop
153	HELMET AND BODY PROTECTOR	 Jockey must wear an helmet and a body protector that meets the standard below: Body protector: CE/UKCA EN 13158/2018 LEVEL 2 Helmet: CE/UKCA EN 1384/2023 For his safety, jockey must not remove the strap on his helmet before dismount
161	USE OF THE WHIP TO LOAD HIS HORSE	It is forbidden for a jockey to use his whip inappropriately to force his horse to be loaded into the starting stall
163	PROHIBITIONS AND OBLIGATIONS CONCERNING JOCKEYS	Every jockey must, from the start to the finish of the race, do his or her utmost to enable his horse to win or achieve the best possible placing and continue to support his horse until it passes the winning post, without having compulsory to use the whip
165 166	CONTROL OF INTERFERENCE DURING THE RACE	 At the start, jockey must maintain their line for 200 meters and then take care not to cause interference to any competitor by changing their line Jockey should not cause interference during the race Team tactic race is strictly forbidden
171	USE OF THE WHIP	 Jockey must not use the whip more than 4 times during the race Jockey using his whip more than 8 times, horse will be disqualified and jockey ban of riding for 20 days minimum Jockey must not use the whip with the elbow above the shoulder
181	MANDATORY PRESENCE OF JOCKEYS AFTER THE RACE	 Jockey who have ridden are required to remain at the disposal of the Stewards of races and to respond immediately to their summons Jockey should not leave the racecourse before the authorization of the Stewards of Races

Stewards of Races